Home
Alta Via delle Valli di Lanzo: Stage 3 Bivacco Gias Nuovo - Rifugio Città di Ciriè
Utilization
Hiking
Official itinerary
No

Lenght
9.00 km

Tempo
6 hours

Stage
3

Ascent elevation gain
1040 m

Difficulty
Equipped Difficult Hiking

Informazioni

Region
Piemonte
Valle d'Aosta

Country
Italy

Address

Bivacco Gias Nuovo
Località Gias Nuovo
10070 Groscavallo TO
Italy

Coordinates

POINT (7.18333 45.34026)
Altitude
1888 m
Arrival address

Rifugio Città di Ciriè
Giasset – Pian della Mussa
10070 Balme TO
Italy

Arrival coordinates

POINT (7.163919 45.307073)
Arrival altitude
1860 m

Descrizione

From Gias Nuovo you walk to the bottom the long plateau; you descend amid low vegetation, and reach the Alpe di Sea (1785 m). You cross the creek on the bridge and proceed on the right (path n. 309); and you follow a path that goes up amid low vegetation. You continue eastward uphill in half-coast, and leave on the left the track that arrives to Passo dell'Ometto. From here begins a difficult and exposed stretch. It is necessary to be careful because of possible detachments of stones from the wall above. In case of bad weather conditions, it is strongly recommended not to go through this passage, as it is subject to discharges of water and stones. You continue on the right (path n. 310) on the morainic terrain, in direction of the northern slope of Punta Rossa. At the foot of the rocky wall, the path turns on the right, and leads on a ledge about 2 meters wide, close to a low but steep leap. You walk along the path that cuts wall with ups and downs, and then go further on a first ridge, and then you descends and cross a canal. After having passed the second crest, the path goes through a ravine, then goes up with narrow hairpin bends, and passes a steep ramp. After this passage, the path continues and goes over two other crests, not so evident, and eventually arrives to a ridge from which it is well visible the Ghicet di Sea. After a slight descent, you start climbing again on a wide, but shallow, gorge cluttered with stones. Once reached the little valley that culminates at the pass, you go further along a narrow and less visible trace up to the cut located 2750 m, between the Punta Rossa (2910 m) South and the Albaron di Sea (3261 m) north-west. You go down south/west (path n. 226). Eventually follow the track that goes along the right of the stone channel of the Rio della Ciamarella. At the end of the canal, you lean left and reach the picturesque Piano della Ciamarella. You pass along the Ciamarella pasture, take the right (orographic left) and descend through a little valley until you reach a hut. Once passed by it, you'll shortly arrive to the Refuge "Città di Ciriè" (1860 m).

Public transport access
No

Recommended period

Summer
June - beginning of September.

Accessible to people with disabilities

Yes

Itinerary suitable for disabled people.

Support points

Bivacco Soardi Pian di Giavenot, Val Grande di Lanzo Gestore: CAI Uget Torino Apertura: tutto l'anno. Posti Letto: 12
Rifugio Città di Ciriè Località Giasset, Pian della Mussa, 10070 Balme +39 0123 738158 - +39 329 2141782 +39 370 3329300 info@rifugiocirie.eu www.rifugiocirie.eu. Apertura: tutto l'anno. Posti letto: 24

Interest points

Caratteristiche paesaggistiche: Scendendo dal Bivacco, vista sull’Uja di Mondrone (2915 m) e sulla Cima Leitosa (2868 m). Dal Ghicet di Sea, vista sul gruppo del Gran Paradiso, della parete sud/est dell’Uja di Ciamarella (3676 m). Riferimenti storici: All’inizio della cengia che porta al Ghicet di Sea, si trovano numerosi antichi graffiti: testimonianze di sagre che si svolgevano tra le popolazioni della Val Grande e della Val d’Ala.

Devotional relevance
No

Historical relevance
Yes

Dettagli

Code
AVL

Classification
Provincial - High altitude

Province
Torino

Ultima data di aggiornamento
15/12/2023

Altre info

Accommodation facilities
Fassero-soardi
Citta' di cirie'

Itinerary index
No

Province names
Torino