

# Alta Via delle Valli di Lanzo: Stage 5 Rifugio Cibrario - Rifugio Tazzetti

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**Utilization** Hiking

**Official itinerary** No

**Lenght** 8.00 km

**Tempo** 5 hours 30 minutes

**Stage** 5

**Ascent elevation gain** 957 m

**Difficulty** Hiking

## INFORMAZIONI

**Region**

Piemonte Valle d'Aosta

**Country**

Italy

**Address**

Rifugio Cibrario

Località Peraciaval

10070 Usseglio TO

Italy

## **Coordinates** POINT

(7.146526 45.246563)

**Altitude** 2616 m

### **Arrival address**

Rifugio Tazzetti

Località Fons d'Rumour

10070 Usseglio TO

Italy

### **Arrival coordinates** POINT

(7.0969 45.210127)

**Arrival altitude** 2642 m

## **Descrizione**

From the Refuge Cibrario, which is crossed by several streams of water that bathe Pian dei Sabbiunin (path n. 122), you rise on the steep slope of debris and boulders that starts in front of the building. When you arrive at the height of the second of the two ditches that open on the right, you proceed in this direction, overtaking it. When you reach a wide rocky crest, bend on the left of the glacier of Bertà. You go through it for a while, and then descend passing on the flat surface of the glacier, and continue in the little valley between Testa Sula and mount Lera-Sulè. You reach the base of the slope, slightly steeper, which precedes the plateaus of the col Sulè (3063 m). You go down on the opposite slope through a snowy and detrital valley. At the end of which the path turns left on a plateau through a good mule-track that runs down. Further, downstream, trail n. 122 turns towards the Colle dell'Autaret. You turn left, downhill, on the n. 111A, which then

becomes flat; and along the steep slope of Punta Sulè. Path n. 111A towards south-west, passes under a rocky wall, crossed by several waterfalls, called Pis, and then goes diagonally towards south, passing several streams (Rio Costan, Rio Avril, the Rio del Fort and the Rio Cavalla Nera). The path climbs over a crest and shortly reaches the Refuge Tazzetti at Fons Rumour (2642 m).

**Public transport access** No

## **Recommended period**

Summer

June - beginning of September.

**Accessible to people with disabilities** Yes

Itinerary suitable for disabled people.

## **Support points**

Rifugio Cibrario (2616 m) 10070 Usseglio +39 011 9988830

[rifugiocibrario@caileini.it](mailto:rifugiocibrario@caileini.it) [www.caileini.it/rifugiocibrario/](http://www.caileini.it/rifugiocibrario/) Apertura: da Giugno a Settembre. Posti letto: 42

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[info@caichieri.it](mailto:info@caichieri.it) [www.rifugiotazzetti.it](http://www.rifugiotazzetti.it)

## **Interest points**

Caratteristiche paesaggistiche: salendo al col Sulè a nord/ovest la Punta Valletta 3387 m e dal colle a est i contrafforti del Monte Lera 3355 m; a nord/ovest Punta Avril 3215 m ed il colle dell'Autaret 3071 m. A sud il

Rocciamelone 3538 m.

**Devotional relevance**      No

**Historical relevance**      Yes

## DETTAGLI

**Code**      AVL

**Classification**      Provincial - High altitude

**Province**

Torino

**Ultima data di aggiornamento**      15/12/2023

## ALTRE INFO

Accommodation facilities

[Cibrario](#)

[Tazzetti](#)

**Itinerary index** No

**Province names** Torino