

Tre Vallate: Stage 2 Refuge Alpe Soglia - Refuge Salvin

Utilization Hiking

Official itinerary No

Lenght 13.80 km

Tempo 4 hours

Stage 2

Ascent elevation gain 650 m

Difficulty Hiking

INFORMAZIONI

Region

Piemonte

Country

Italy

Address

Rifugio Alpe Soglia

10070 Corio TO

Italy

Coordinates POINT

(7.518423 45.366493)

Altitude 1721 m

Arrival address

Rifugio Salvin

Località Salvin

10070 Monastero di Lanzo TO

Italy

Arrival coordinates POINT

(7.432485 45.348846)

Arrival altitude 1578 m

Descrizione

From Refuge Alpe Soglia keep the road for a short distance to Alpe Turinetto. Here the road becomes a footpath and joins n. 411. From there, the itinerary coincides with the Alta Via Canavesana route (AVC).

Continuing westwards, half way along the coast, you will find the Alpe dell'Uja (2032 m) below the homonymous cima dell'Uja and then climb up towards the edge near Bric Volpat (2038 m). You will continue along the ridge till Colle della Croce d'Intror. From there you descend towards the Refuge Peretti Griva. The refuge is an alternative stop to the Refuge Alpe Soglia for those who want to extend their first stage. Once passed the refuge building, continue half way to Alpe Frigerola (1809 m) where you will go around the crest and then enter the valley of the stream Tessuolo. On track n. 409A, the path describes a wide arc. You will cross small ridges and you reach on the opposite side Alpe Vaccarezza Inferiore (1871 m). The trail n. 409 then turns definitely uphill along the watershed in the direction of the top of Monte Vaccarezza (2203 m). You will enjoy a beautiful panorama of the peaks around. Then, you continue on the gentle crest, marker 408B,

Northwest's towards Monte Croass (2154 m) and then further to Colle di Pian Pertus (2031 m). After having crossed the pass, near the ridge, you will find the deviations of path n. 408, and taking the descent, with a huge series of hairpin bends along the steep meadows, you reach the alpine pasture Pertus (1800 m). Continue along the slope passing some streams, then turn half way towards south and south-west ending the descent, and the day-stage at the Refuge Salvin (1548 m).

Public transport access No

Recommended period

Spring Summer Fall

From May to October (June if there is snow at 2000 m).

Accessible to people with disabilities Yes

Itinerary suitable for disabled people.

Support points

Rifugio Alpe Soglia (1721 m) Frazione Pian Audi, 10070 Corio +39 333 9056714 raffaella.panetta@virgilio.it. Apertura: tutto l'anno. Posti letto: 18.

Rifugio Peretti Griva 10070 Corio +39 011 9282133. Apertura: da Aprile a Settembre. Posti letto: 18.

Rifugio Salvin (1578 m) Frazione Mecca, 10070 Monastero di Lanzo +39 0123 27205 - +39 335 5481419 rifugiosalvin@gmail.com
www.rifugiosalvin.it. Apertura: da Aprile a Ottobre. Posti letto: 32.

Devotional relevance No

Historical relevance Yes

DETTAGLI

Code TVT

Classification Provincial - Mid and Low Altitude

Province

Torino

Ultima data di aggiornamento 15/12/2023

ALTRE INFO

Accommodation facilities

[Salvin](#)

Itinerary index No

Province names Torino