

Home

The Giro dell'Orsiera G.O. Trail Stage 6: Rifugio GEAT Val Gravio - Molè

Utilization

Hiking

Official itinerary

No

Length

14.53 km

Tempo

5 hours 20 minutes

Stage

6

Ascent elevation gain

707 m

Descent elevation loss

1004 m

Difficulty

Hiking

Informazioni

Region

Piemonte

Country

Italy

Address

Rifugio Geat Val Gravio

Località Pianetti

10050 San Giorio di Susa TO

Italy

Coordinates

POINT (7.172001 45.085429)

Altitude

1376 m

Arrival address

Borgata Molè

10050 Coazze TO

Italy

Arrival coordinates

POINT (7.237359 45.036011)

Arrival altitude

1087 m

Access

Rifugio GEAT Val Gravio (San Giorio) can be reached via two itineraries: from San Giorio take the paved road that leads to the hamlet of Città and continue to the parking lot of the hamlet of Adret. From here, take hiking trail 512 which leads to Rifugio GEAT Val Gravio in about 55 minutes; from Villar Focchiardo follow the paved road (the last stretch along a gravel road) to the parking lot near the Certosa di Montebenedetto; take path 506 which in about an hour leads to Rifugio GEAT Val Gravio.

Descrizione

From the terrace of the refuge, cross the bridge over the Gravio stream, following the signs for **path 522** (Sentiero dei Franchi Trail). At the crossroads with path 506, continue straight, heading up the right side of the valley, until you enter the vast forest of laburnums that covers the ancient Carthusian pastures of Pian Signore.

At the next junctions, continue to follow the trail of the **Sentiero dei Franchi** which, after a series of ups and downs, makes a high traverse across the right side of the Valsusino hillside, until it comes out of the woods near Alpe Fumavecchia.

From here, take **path 524** which cuts across the paved road and enters the larch wood, where, after an initially flat section, it climbs steeply on the ridge.

Continuing along path 524, after a steep climb, you reach **Pian dell'Orso** (1860 m). Near the Cappella della Trasfigurazione you can enjoy a magnificent view of the entire lower Val Susa, the Sacra di San Michele and beyond, all the way to the hill of Superga.

Once past the the small saddle, you return to Val Sangone, in the Sangonetto valley. Take **path 435** eastwards towards Colle **Bé Moulè** with an initial level stretch, followed by a descent to Pian Bergart and the aforementioned hill, where a Park notice board is located.

Just beyond the notice board, look for a signpost indicating **path 420A** that, heading southwards, descends to the Pian Gorai bridge where it ends after crossing a wooded area alternating with pastures.

Once at the wooden bridge, head across it and walk down **path 420** for a few metres. Then take **path 419A**, which leads to **Pian Gorai**. When you reach the plateau follow the white and red paint markings that head slightly downhill and skirt round it and lead to the ford on the Palè river. Then head up the opposite side to reach the intersection with the dirt road just above the Palè mountain cabins.

Cross the road and continue in a south-east direction where there is a signpost indicating the beginning of path **419B**. Follow this until it reaches the ford on the Rio della Fuglia.

Ford the river easily, and head up the other side until you come to a signpost indicating Roc dou Lermou.

The next section is the most challenging with a rather steep climb through a mixed deciduous forest. After this steep section, the climb becomes more gradual.

Reach the intersection with **path 419** and follow it in the direction of the Ciargiur del Forno.

You come out into a clearing just upstream of the Roc dou Lermou (1485 m). Continue slightly downhill to the south until you reach **path 417A** which allows access to the alpine cabins of **Ciargiur del Forno** where it ends.

Pass by the alpine cabins of Ciargiur del Forno and continue down **path 417** which passes through a mixed deciduous forest, until you come to some abandoned houses at Colletto di Ruata.

At this point, leave path 417 that leads to Ruata and turn right onto **path 416A**. From Colletto di Ruata, ignoring the first flat path on the right that leads to Chè Vei, continue along path 416A which descends until it reaches the Ricciavrè stream.

Cross a grassy area, where the 416A ends, and reach **path 416** which heads into the Ricciavrè valley and arrives from the village of Flizzo.

Follow for a short distance path 416 to reach the houses of Flizzo and continue on **path 416B** passing above the houses to reach a small stream that you cross.

Continue on and cross a second stream. The alpine cabins of the hamlet of Molè are already visible; the path arrives in the hamlet where it joins **path 415** and returns to the starting point.

Public transport access

No

Recommended period

Summer

Giugno, luglio, agosto, settembre

Accessible to people with disabilities

No

Interest points

“Cà d’Marc Picapera”, un roccione sul quale Marco Delo, un pastore e scalpellino di Villar Focchiardo morto ai primi del 1900, ha inciso capre, asini, figure antropomorfe, lasciando così una viva testimonianza della vita su queste montagne.

Nei pressi della Cappella della Trasfigurazione di Pian dell'Orso si gode di una magnifica vista su tutta la bassa Val Susa, la Sacra di San Michele e oltre, fino a Superga.

Devotional relevance

No

Historical relevance

No

Dettagli

Code

GDO

Classification

Provincial - High altitude

Province

Torino

Cell phone coverage

Presente ma con punti non serviti

[GO-20Italiano-20v2018_5.pdf](#)

Ultima data di aggiornamento

15/12/2023

Altre info

Accommodation facilities

[Geat val gravio](#)

Itinerary index

No

Province names

Torino