

# Cammini delle alte colline ombrose e delle colline chiare (CCC)

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**Utilization** Cycle touring

**Official itinerary** No

**Lenght** 160.50 km

**Tempo** 1 day 13 hours 30 minutes

**Stage** 0

**Max altitude** 315 m

**Ascent elevation gain** 270 m

**Descent elevation loss** 270 m

**Difficulty** Easy

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Chiesa della Natività di Frinco  
Via Castello, 1  
14030 Frinco AT  
Italy

## **Coordinates** POINT

(8.16842 45.00474)

**Altitude** 195 m

### **Arrival address**

Chiesa della Natività di Frinco  
Via Castello, 1  
14030 Frinco AT  
Italy

### **Arrival coordinates** POINT

(8.16842 45.00474)

**Arrival altitude** 195 m

## **Descrizione**

The path are characterized as an itinerary of discovery of the Monferrato. In its path it allows to explore all the specificities of this territory.

Starting from Frinco, it runs along the hills of the Rilate Valley in wooded hills and with an extraordinary nature in the Valleandona, Vallebotto and Valgrande reserve.

In this natural context the anthropic presence has strongly characterized the places, which in the Middle Ages were historically linked to the bishopric and the Municipality of Asti in conflict with the Marquisate of Monferrato.

The villages were located on the hill tops and with their castles still seem to control valleys and roads today.

The route in the north-eastern area of ??Monferrato continues up the hills of the Valle Versa and the heights of the Tanaro valley, where the human presence predominates over natural features, the hills have a greater agricultural exploitation linked to the cultivation of the vine combined with the exploitation of geological resources given the numerous Quarries and sulfur sources (linked to the geology of the places).

This area is also strongly characterized by the hilltop villages and castles linked to the Aleramic domain of the area and its ancient conflict with the Municipality of Asti.

**Public transport access** Yes

## **Recommended period**

All Year round

**Accessible to people with disabilities** No

**Devotional relevance** No

**Historical relevance** No

## **DETTAGLI**

**Local Tourist Agency (LTA) reference** [ATL Langhe Monferrato Roero](#)

**Code** CCC

**Classification** Provincial

**Province**

Alessandria Asti

**Ultima data di aggiornamento** 15/12/2023

**Itinerary index** Yes

**Province names** Alessandria, Asti