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AVU - Alta Via dei Lupi

Utilization

Hiking

Official itinerary

No

Length

206.00 km

Tempo

2 days 8 hours 30 minutes

Stage

0

Max altitude

2890 m

Ascent elevation gain

11600 m

Descent elevation loss

11300 m

Difficulty

Difficult Hiking

Informazioni

Region

Piemonte

Country

Italy

France

Address

Pian delle Gorre

Località Certosa

12013 Chiusa Di Pesio CN

Italy

Coordinates

POINT (7.65959 44.21372)

Altitude

1032 m

Arrival address

Terme di Valdieri
Regione Terme, 1 bis
12010 Valdieri CN
Italy

Arrival coordinates
POINT (7.2727 44.20772)
Arrival altitude
1352 m

Descrizione

The Alta via dei lupi (High Route of the Wolves) itinerary (AVU) winds its way in 10 stages (and 10 variants) through the higher altitudes of the Maritime Alps Protected Area, from Pian delle Gorre di Chiusa Pesio (in the Marguareis) to Terme di Valdieri, taking in the municipalities of Chiusa Pesio, Roccaforte Mondovì, Ormea, Briga Alta, Limone Piemonte, Vernante, Entracque and Valdieri.

The high-altitude route, suggestive for its incredible landscape and natural elements, connects various important refuges in the Maritime Alps such as Rifugio Mondovì, Don Barbera, Ellena-Soria, Pagarì, Genova, Morelli and Remondino.

The route, also thanks to its variants, then offers the possibility of descending and reaching Alpine villages of interest such as San Giacomo di Entracque, Palanfrè, Vernante, Limone Piemonte and Limonetto.

Public transport access
No

Recommended period

Summer
Luglio, agosto, settembre

Accessible to people with disabilities

No

Devotional relevance
No

Historical relevance
No

Dettagli

Code
AVU

Classification
Provincial - Mid and Low Altitude

Province

Cuneo

Ultima data di aggiornamento
15/12/2023

Itinerary index
Yes

Province names
Cuneo