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AVU - Alta Via dei Lupi

Utilization

Hiking

Official itinerary

No

Lenght

206.00 km

Tempo

2 days 8 hours 30 minutes

Stage

0

Max altitude

2890 m

Ascent elevation gain

11600 m

Descent elevation loss

11300 m

Difficulty

Difficult Hiking

Informazioni

Region

Piemonte

Country

Italy

France

Address

Pian delle Gorre

Località Certosa

12013 Chiusa Di Pesio CN

Italy

## Coordinates

POINT (7.65959 44.21372)

Altitude

1032 m

Arrival address

Terme di Valdieri  
Regione Terme, 1 bis  
12010 Valdieri CN  
Italy

Arrival coordinates  
POINT (7.2727 44.20772)  
Arrival altitude  
1352 m

## Descrizione

The Alta via dei lupi (High Route of the Wolves) itinerary (AVU) winds its way in 10 stages (and 10 variants) through the higher altitudes of the Maritime Alps Protected Area, from Pian delle Gorre di Chiusa Pesio (in the Marguareis) to Terme di Valdieri, taking in the municipalities of Chiusa Pesio, Roccaforte Mondovì, Ormea, Briga Alta, Limone Piemonte, Vernante, Entracque and Valdieri.

The high-altitude route, suggestive for its incredible landscape and natural elements, connects various important refuges in the Maritime Alps such as Rifugio Mondovì, Don Barbera, Ellena-Soria, Pagarì, Genova, Morelli and Remondino.

The route, also thanks to its variants, then offers the possibility of descending and reaching Alpine villages of interest such as San Giacomo di Entracque, Palanfrè, Vernante, Limone Piemonte and Limonetto.

Public transport access  
No

## Recommended period

Summer  
Luglio, agosto, settembre

## Accessible to people with disabilities

No

Devotional relevance  
No

Historical relevance  
No

Dettagli

Code  
AVU

Classification  
Provincial - Mid and Low Altitude

Province

Cuneo

Ultima data di aggiornamento  
15/12/2023

Itinerary index  
Yes

Province names  
Cuneo