Home
'La Via dei Campioni' Cycle Route : STAGE 4 Rifugio Cascina Foi - Carezzano
Utilization
Cycle touring
Official itinerary
No

Lenght
63.70 km

Tempo
6 hours 22 minutes

Stage
4

Max altitude
939 m

Ascent elevation gain
155 m

Descent elevation loss
720 m

Difficulty
Easy

Informazioni

Region
Piemonte

Country
Italy

Address

Rifugio Cascina Foi
15060 Bosio AL
Italy

Coordinates

POINT (8.77645 44.55408)
Altitude
775 m
Arrival address

Carezzano
15051 Carezzano AL
Italy

Arrival coordinates
POINT (8.88588 44.81038)
Arrival altitude
210 m
Access

From Alessandria to Capanne di Marcarolo under its own power: take the SP 30 and after the SP 185 towards ovada. Continue on the SP 180 and then on the 160 in the direction of Gavi, you get to voltage and turn right taking the SP 165 and going up towards Capanne di marcarolo.
To reach the village of Carezzano with their own means, starting from Tortona, take the SP 35 and after the SP 134 towards South and you get to Carezzano

Descrizione

The stage starts from Rifugio Cascina Foi in Capanne di Marcarolo and follows the Piedmont-Liguria divide past Monte Pracaban, as far as Monte Colme. From here the route proceeds to Lerma, noted for its medieval castle with fortified "ricetto" or refuge. The stage continues through Montaldeo, San Cristoforo and Tassarolo, each with their own well-preserved medieval castles, then to the centre of Novi Ligure with its Museo dei Campionissimi, the museum dedicated to Girardengo, Coppi and the cycling tradition. From Novi Ligure centre the route follows a paved road across the Alessandria plain to join with Trail 145, near Carezzano, situated in close proximity to Costa Vescovato, the start point of ‘La Via dei Campioni’, and from Castellania, Fausto Coppi's home town.

Public transport access
Yes

To reach the town of Capanne di marcarolo by public transport, you have to use the CIT bus service (http://Www.citnovi.it/Linee_extraurbane.asp) from the town of Gavi, leads up to voltage and then reach Capanne di marcarolo on foot (about 15 km).
To reach the resort carezzano by public transport, you have to use the service Autolinee ARFEA (https://Www.arfea.it/Risultati-ricerca-linea/) that from the town of Tortona, leads to Carezzano

Accessible to people with disabilities

No

Support points

Rifugio Cascina i Foi, loc. Capanne di Marcarolo, Bosio (AL);
Car parking in the town of Carezzano

Devotional relevance
No

Historical relevance
No

Dettagli

Local Tourist Agency (LTA) reference
ATL della provincia di Alessandria "Alexala"

Code
VDC

Classification
Provincial

Province
Alessandria

Cell phone coverage

TIM, Vodafone, 3WIND

Ultima data di aggiornamento
15/12/2023

Altre info
Accommodation facilities
A casa di alice
Cascina foi
Cascina pian castagna
Azienda agricola ca' bensi
Azienda agricola villa sorgiva
Castello di tagliolo guest house
Villa ester h&r
Bertaina mauro
Il burlino
Cascina la comuna
La casa di bacco
B&b casa meli
B&b la punta dei crociati
B&b la pace
Agriturismo nonna du
Al castello
Al cortile di gavi
Azienda agricola la mesma SRL
B&b il poggio di gavi
Bed&breakfast villa gavina
Borgo cortese
Casa incontro don luigi cambiaso
La zolla rotta
Locanda San Rocco
Albergo trattoria dell'angelo
Albergo verdi
Antica novi
B&b cascina cin cin
Borgo merlassino
Cascina giacometta
Degli ulivi
Hotel motel flower
La casa sui tetti
La federica
La saula tenuta la marchesa
Relais villa pomela
Viaggiatori
Villa pieve
Agriturismo la morella
Cascina giovanola

Itinerary index
No

Province names
Alessandria