

# The Sentiero Balcone della Valsusa Trail

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**Utilization** Hiking

**Official itinerary** No

**Lenght** 182.90 km

**Tempo** 2 days 15 hours 20 minutes

**Stage** 0

**Ascent elevation gain** 8230 m

**Descent elevation loss** 8080 m

**Difficulty** Difficult Hiking

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Case Pradonio

10050 Giaglione TO

Italy

## **Coordinates** POINT

(7.03711 45.14124)

**Altitude** 550 m

## **Arrival address**

Meana di Susa

10050 Meana di Susa TO

Italy

## **Arrival coordinates** POINT

(7.0653 45.1201)

**Arrival altitude** 700 m

## **Descrizione**

The Sentiero Balcone Trail winds through the Upper Susa Valley, in the municipalities of Susa, Meana di Susa, Giaglione, Chiomonte, Graverè, Exilles, Salbertrand, Oulx, Bardonecchia, Sauze d'Oulx, Cesana Torinese, Claviere, Sauze di Cesana and Sestriere, staying at a medium altitude and crossing multiple types of alpine and natural environments such as forests of larch, pine, maple, and ash, and touching alpine pastures and sometimes scree slopes as well as high altitude rocky environments. The main towns that the trail passes through are Susa, Oulx and Bardonecchia, which are all served by a railway line and buses. This makes it possible to reach all the other municipalities along the valley from any one of these towns, making it easy to return to your starting point without needing to complete the whole itinerary. The area of the Upper Susa Valley is a hiker's paradise. Among its many attractions is the presence of numerous alpine refuges situated along the Sentiero Balcone trail, as well as a great many other itineraries of local, regional and international interest, such as the GTA Trail, the Glorioso

Rimpatrio dei Valdesi (GRV) Trail, and the Sentiero dei Franchi (SF) Trail. Opportunities to participate in outdoor sports and recreation abound in the Susa Valley, including kayaking, rafting, freeride, mtb, horse riding, climbing, via ferratas, mountaineering, snowshoeing, ski touring, cross-country skiing.

**Public transport access** No

**Accessible to people with disabilities** No

**Devotional relevance** No

**Historical relevance** No

## **DETTAGLI**

**Local Tourist Agency (LTA) reference** [ATL Turismo Torino e Provincia](#)

**Code** SBV

**Classification** Provincial - Mid and Low Altitude

**Province**

Torino

**Ultima data di aggiornamento** 15/12/2023

**Itinerary index** Yes

**Province names** Torino