

Grande Traversata delle Langhe in mountain bike

Utilization Cycle touring

Official itinerary Yes

Length 234.50 km

Stage 0

Max altitude 890 m

Ascent elevation gain 890 m

Descent elevation loss 180 m

Difficulty Challenging

INFORMAZIONI

Region

Piemonte

Country

Italy

Address

Via Perletto, 29

12050 Castino CN

Italy

Coordinates POINT

(8.18235 44.617656)

Altitude 540 m

Arrival address

Via della Porta
12050 San Benedetto Belbo CN
Italy

Arrival coordinates POINT

(8.057644 44.490494)

Arrival altitude 570 m

Access

By car, motorways:

A6 – Torino Savona, Marene or Carmagnola exit

A21 – Torino Piacenza, Asti Est exit

A33 – Asti Cuneo, Alba exit

By plane:

Milano Malpensa and Linate – www.sea-aeroportoimilano.it

Torino Caselle – www.aeroportoditorino.it

Cuneo Levaldigi – www.aeroporto.cuneo.it

By train:

Ferrovie dello Stato: www.trenitalia.com

Descrizione

The Grande Traversata delle Langhe (GTL) is a tour that encompasses an entire territory, the Langhe. Forget about wine and vineyards, which have only a marginal presence in this tour. Here, you will find pristine nature, cheeses, hazelnuts, castles, and medieval villages where time seems to have stood still. Not far from Alba, you will find a whole other world in which to admire one-of-a-kind landscapes and enjoy all the activities that nature provides in this lovely corner of the world, from hiking to off-road cycling. Because just one itinerary would never be enough, the GTL provides several that take you to virtually every village, allowing you to choose from hilltop routes or specific itineraries from one village to another. All the routes make use of low-traffic streets, dirt roads, woodland trails and the distances are never excessive, although there are a few longer sections that are recommended mainly for experienced cyclists in good physical condition. There are technical sections in places, but these can always be overcome on foot, carrying or pushing your bike, or by making use of paved routes or public transit between villages.

Public transport access Yes

[Http://Www.grandabus.it/Orari/](http://www.grandabus.it/Orari/)

Recommended period

Spring Summer Fall

March - November

Accessible to people with disabilities No

Devotional relevance Sì

Historical relevance Yes

DETTAGLI

Local Tourist Agency (LTA) reference [ATL Langhe Monferrato Roero](#)

Code GTN

Classification Provincial

Province

Cuneo

[GTL_Guida_ITA.pdf](#)

Ultima data di aggiornamento 15/12/2023

Itinerary index Yes

Province names Cuneo