Home
Grande Traversata delle Langhe in mountain bike - Leg 6: Saliceto - Mombarcaro
Utilization
Cycle touring
Official itinerary
No

Lenght
19.00 km

Tempo
1 hour 35 minutes

Stage
6

Ascent elevation gain
832 m

Descent elevation loss
335 m

Difficulty
Very challenging (experts only)

Informazioni

Region
Piemonte

Country
Italy

Address

Saliceto
Via dei Fossi
12079 Saliceto CN
Italy

Coordinates

POINT (8.170269 44.415614)
Altitude
390 m
Arrival address

Mombarcaro
Via della Chiesa
12070 Mombarcaro CN

Italy

Arrival coordinates
POINT (8.085025 44.468186)
Arrival altitude
890 m
Access

By car, motorways:
A6 – Torino Savona, Marene or Carmagnola exit
A21 – Torino Piacenza, Asti Est exit
A33 – Asti Cuneo, Alba exit

By plane:
Milano Malpensa and Linate – www.sea-aeroportimilano.it
Torino Caselle – www.aeroportoditorino.it
Cuneo Levaldigi – www.aeroporto.cuneo.it

By train:
Ferrovie dello Stato: www.trenitalia.com

Descrizione

A lengthy route through the Sorgenti del Belbo Nature Reserve within the Marguareis Park, a humid area and site of the source of the Belbo river, which divides the Langhe from these highlands.

From **Saliceto**, take highway SP295 in the direction of Camerana and follow the signs to the trail that continues along the highway to Campolungo. Shortly after Campolungo, head to the left before you cross Rio Gambarana and continue in the direction of Rocchezza until San Giovanni Belbo. From here, head up to Rifugio La Pavoncella.
This is the most pristine part of the Alta Langa and is the perfect spot for outdoor activities all year round. Rifugio La Pavoncella is at the edge of the **Sorgenti del Belbo Nature Reserve** in a humid basin between Montezemolo, Camerana and Saliceto. The Belbo Valley that cuts deeply through the Langhe region not far from here is, at this point, just a depression between rolling hills. Conversely, your destination, the Mombarcaro hill, rises high (reaching an altitude of nearly 900 metres / 2950 ft) not far past La Pavoncella. From the lodge, continue on to Cascina Cassolo, where you will find a dirt road in the woods. Continue along the crest of the hill until you reach the cultivated fields around Bric Giacotto, then head down the gravel road to Cascina Flambè. Continue along the crest through a number of sections of woodlands to a saddle in the hill. Head down here along a steep, gravel road to the paved highway that runs between the Belbo and Tanaro Valleys. Continue to the left along this highway in the direction of Mombarcaro until you reach the road to Santuario della Madonna delle Grazie. Here, follow an old trail that leads to the Church of San Pietro and then to an aqueduct. From here, follow the highway again until you get to the centre of Mombarcaro through its medieval archway.
Mombarcaro is almost Ligurian in the steepness of its hill, which forces the town into terraces of parallel streets connected by steep stone roads and a labyrinth of stairs, which are kept cool and damp by the sea breeze coming in over the Ligurian countryside. One of the village’s gates (the other has been broken into two stumps) evokes the idea of a walled village protected by towers, a moat and a castle destroyed by time or by war, while the historical museum features a Roman stela.

Public transport access

Yes

Http://Www.grandabus.it/

Recommended period

Spring
Summer
Fall
March - November

Accessible to people with disabilities

No

Interest points

Saliceto : Church of San Lorenzo , Church of San Martino di Lignera , Castle of Marchesi del Carretto , Sanctuary of Madonna della Neve .
Sorgenti del Belbo Nature Reserve
Camerana : Medieval Tower
Mombarcaro : Town Gate and Medieval Arch, Historical - Ethnographical Museum, Chapel of San Rocco.

Devotional relevance
Sì

Historical relevance
Yes

Dettagli

Local Tourist Agency (LTA) reference
ATL Langhe Monferrato Roero

Code
GTN

Classification
Provincial

Province
Cuneo

GTL_Tappa6.pdf

Ultima data di aggiornamento
15/12/2023

Altre info
Accommodation facilities
Casa martini
La mesa verde
Sorgenti del belbo
Buchere ville

Itinerary index
No

Province names
Cuneo