Home
Grande Traversata delle Langhe in mountain bike - Leg 7: Mombarcaro - San Benedetto Belbo
Utilization
Cycle touring
Official itinerary
No

Lenght
4.50 km

Tempo
15 minutes

Stage
7

Ascent elevation gain
103 m

Descent elevation loss
355 m

Difficulty
Challenging

Informazioni

Region
Piemonte

Country
Italy

Address

Mombarcaro
Via della Chiesa
12070 Mombarcaro CN
Italy

# Coordinates

POINT (8.085025 44.468186)
Altitude
890 m
Arrival address

San Benedetto Belbo
Via della Porta
12050 San Benedetto Belbo CN

Italy

Arrival coordinates
POINT (8.057653 44.490489)
Arrival altitude
570 m
Access

By car, motorways:
A6 – Torino Savona, Marene or Carmagnola exit
A21 – Torino Piacenza, Asti Est exit
A33 – Asti Cuneo, Alba exit

By plane:
Milano Malpensa and Linate – www.sea-aeroportimilano.it
Torino Caselle – www.aeroportoditorino.it
Cuneo Levaldigi – www.aeroporto.cuneo.it

By train:
Ferrovie dello Stato: www.trenitalia.com

# Descrizione

*From the Langhe summit to the realm of Beppe Fenoglio, a short, mostly downhill route straight through the heart of the Langhe region described in the works of that great Italian author.*

At an altitude of nearly 900 metres (2,950 ft), **Mombarcaro** is known as the “Vetta delle Langhe” (literally “Langhe summit”). The town’s coat of arms features a boat (barca in Italian, which can also be seen in the name of the village) in reference to an old legend whereby it is said that, on a clear winter day, you can see the sea from here.
From Piazzetta di San Michele Arcangelo, follow the paved road along which you can enjoy the landscape up to the Cascine del Battaglino farmhouses. From here, continue to the green, shady Lunetta di Mombarcaro, where there is a charming group of stone houses, in a state of partial abandonment, and the Santa Caterina Chapel.
Continue along the trail known as “Sentiero della Valle Tanaro”, cross a stream and head to the crossroads for Cà di Lù (or Cadilù, the set of the tale “Pioggia e la Sposa”, maybe Fenoglio’s shortest masterpiece). Don’t deviate from the route until you reach Rio Vezzea and, then, the highway. Leave the highway immediately and return to the trail. This section begins with a steep series of steps delimited by dry-stone walls. Continue along the stony trail to Via della Porta, which is an ancient section of roadway that ends beneath the medieval archway in San Benedetto Belbo.
At **San Benedetto Belbo**, a favorite vacation spot of Beppe Fenoglio and an endless source of inspiration for the author, the route continues along the trails of the Belbo Valley. The arch bearing the coat of arms of the Del Carretto Family provides access to the fortified village, which features a Benedictine Monastery, portions of which are still visible to the right of the archway. You will also not want to miss the two churches of this tiny village, which Fenoglio frequently included in his stories.
San Benedetto is all about Fenoglio, so fans of the great Italian author come here looking for the cemetery, the Belbo’s maelstrom, the Mimberghe houses, the mills of the valley, and other landmarks cited in his novels in order to rediscover the greatness of this local hero, who, as a young man, dreamed of greatness if only to be able to choose his final resting place, up there at the Bossola pass in the pine forests overlooking Murazzano and San Benedetto.

Public transport access
Yes

Http://Www.grandabus.it/

## Recommended period

Spring
Summer
Fall
March - November

## Accessible to people with disabilities

No

## Interest points

San Benedetto Belbo : Medieval walls .
Mombarcaro : Town Gate and Medieval Arch, Historical and Ethnographical Museum, Chapel of San Rocco
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Devotional relevance
Sì

Historical relevance
Yes

Dettagli

Local Tourist Agency (LTA) reference
ATL Langhe Monferrato Roero

Code
GTN

Classification
Provincial

Province
Cuneo

GTL_Tappa7.pdf

Ultima data di aggiornamento
15/12/2023

Altre info
Accommodation facilities
Buchere ville

Itinerary index
No

Province names
Cuneo