

Grande Traversata delle Langhe in mountain bike - Leg 7A: San Benedetto Belbo - Murazzano

Utilization Cycle touring

Official itinerary No

Lenght 5.50 km

Tempo 41 minutes

Stage 7

Ascent elevation gain 329 m

Descent elevation loss 230 m

Difficulty Challenging

INFORMAZIONI

Region

Piemonte

Country

Italy

Address

San Benedetto Belbo
Via della Porta
12050 San Benedetto Belbo CN
Italy

Coordinates POINT

(8.057653 44.490489)

Altitude 570 m

Arrival address

Via Spinata
Via Spinata
12060 Murazzano CN
Italy

Arrival coordinates POINT

(8.021861 44.474289)

Arrival altitude 735 m

Access

By car, motorways:

A6 – Torino Savona, Marene or Carmagnola exit

A21 – Torino Piacenza, Asti Est exit

A33 – Asti Cuneo, Alba exit

By plane:

Milano Malpensa and Linate – www.sea-aeroportimilano.it

Torino Caselle – www.aeroportoditorino.it

Cuneo Levaldigi – www.aeroporto.cuneo.it

By train:

Ferrovie dello Stato: www.trenitalia.com

Descrizione

A deviation from the standard GTL itinerary that takes you to Murazzano, one of the most characteristic of the Alta Langa villages featuring one-of-a-kind vistas and a goat cheese that has made the village's name famous around the world.

San Benedetto Belbo is a magical, timeless village transported out of the transience of life (the lost castle, the decaying houses, the monastery that is no more) to the eternity of the great literature by the retiring, solitary genius of Beppe Fenoglio, Italy's greatest author of the post-war era. It is not by chance that the few photos that show Fenoglio smiling are nearly all taken in San Benedetto, dressed in his Sunday best strolling through the square like an actor on a stage. Indeed, San Benedetto is now little more than this, a fly tower in which the author manipulates the characters down below in those streets and in those homes.

Back on your bike, from the centre of the village follow the highway to Cascina Monastero, where you will take the trail to the left in the direction of Lago delle Verne. Just over the bridge, turn left again onto a dirt road that will take you to Cascina Maineri along a section of trail that leads to Murazzano.

Murazzano, with its stone tower, is undoubtedly one of the most enchanting villages of the Alta Langa. Murazzano is also the name of an excellent local goat cheese, a typical product of the Langhe with its unmistakable squat, round shape.

The village still has two of its four city gates and the Church of San Lorenzo, from its extraordinary vantage point, is worth a lengthy visit. Outside the walls of the village, there is the remarkable Sanctuary of the Madonna di Hal. Then just above the cemetery there is the curious former windmill, which was once (in the 10th century) a watchtower. Murazzano is also featured in three extraordinary stories by Beppe Fenoglio (“La Sposa Bambina”, “L’Addio” and “L’Esattore”).

Public transport access Yes

[Http://Www.grandabus.it/](http://www.grandabus.it/)

Recommended period

Spring Summer Fall

March - November

Accessible to people with disabilities No

Interest points

San Benedetto Belbo : Medieval Walls , Benedictine Monastery
Murazzano : Medieval Tower , Town Gates , Tovegni Palace.

Devotional relevance Sì

Historical relevance Yes

DETTAGLI

Local Tourist Agency (LTA) reference [ATL Langhe Monferrato Roero](#)

Code GTN

Classification Provincial

Province

Cuneo

[GTL_Variante_S.BenedettoBelbo_Murazzano.pdf](#)

Ultima data di aggiornamento 15/12/2023

ALTRE INFO

Accommodation facilities

[Barbero](#)

[Cascina adami](#)

[Cascina del finocchio verde](#)

TAPPE

Variant A

Itinerary index No

Province names Cuneo