

# Bar To Bar on a mountain bike

## Tappa 2A: Cascina Basso - San Rocco Seno d'Elvio

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**Utilization** Cycle touring

**Official itinerary** No

**Lenght** 3.00 km

**Tempo** 6 minutes

**Stage** 2

**Max altitude** 345 m

**Ascent elevation gain** 20 m

**Descent elevation loss** 163 m

**Difficulty** Challenging

## INFORMAZIONI

**Region**

Piemonte

**Country**

Italy

**Address**

Cascina Alberta  
Via Alba, 5  
12050 Treiso CN  
Italy

## **Coordinates** POINT

(8.080511 44.682203)

**Altitude** 345 m

## **Arrival address**

San Rocco Seno d'Elvio  
Frazione San Rocco Seno d'Elvio  
12051 Alba CN  
Italy

## **Arrival coordinates** POINT

(8.066786 44.6817)

**Arrival altitude** 200 m

## **Access**

By car, motorways:

A6 – Torino Savona, Marene or Carmagnola exit

A21 – Torino Piacenza, Asti Est exit

A33 – Asti Cuneo, Alba exit

By plane:

Milano Malpensa and Linate – [www.sea-aeroportimilano.it](http://www.sea-aeroportimilano.it)

Torino Caselle – [www.aeroportoditorino.it](http://www.aeroportoditorino.it)

Cuneo Levaldigi – [www.aeroporto.cuneo.it](http://www.aeroporto.cuneo.it)

By train:

Ferrovie dello Stato: [www.trenitalia.com](http://www.trenitalia.com)

## Descrizione

*This variant of the leg 2 of the Bar To Bar itinerary will lead you to the heart of the Langa of Barbaresco-wine, through a route full of history.*

From Cascina Alberta, there's a nice variation that can be done by following the road that heads downhill, then turning left. This will take you into the cool valley of the Seno d'Elvio river (the name of which is a reference to the Roman emperor Publius Helvius Pertinax Augustus, who reigned for just 90 days, but left an indelible mark).

San Rocco Seno d'Elvio is the only area of Alba that is authorized to produce Barbaresco wines, but this is also the location of one of the Langhe's historic wine cellars, Bricco del Drago, where the "Grand Master" De Giacomi launched a series of early, but admirable initiatives on which no small part of the fortunes of these hills are based. One example is the miraculous "Nonna Genia's Classic Langhe Cookbook", the bible of local cuisine that has been translated, from the Italian, into many other languages. Bricco del Drago also includes a private wine museum, which features the oldest wine bottle with a "Barbaresco" label (1870).

**Public transport access** Yes

[Http://Www.grandabus.it/Orari/](http://www.grandabus.it/Orari/)

## Recommended period

Spring Summer Fall

March - November

**Accessible to people with disabilities** No

**Devotional relevance**      No

**Historical relevance**      No

## **DETTAGLI**

**Local Tourist Agency (LTA) reference** [ATL del Cuneese - valli alpine e città d'arte](#)

**Code**      BTM

**Classification**      Provincial

**Province**

Cuneo

[BarToBar\\_Tappa\\_2\\_0.pdf](#)

**Ultima data di aggiornamento**      15/12/2023

## **TAPPE**

**Variant A**

**Itinerary index** No

**Province names** Cuneo