

Home

MTB del Toce - Stage 2: Premia - Formazza

Utilization

Cycle touring

Official itinerary

Yes

Lenght

18.70 km

Stage

2

Max altitude

1284 m

Ascent elevation gain

600 m

Descent elevation loss

85 m

Difficulty

Easy

Informazioni

Region

Piemonte

Country

Italy

Address

Premia

28866 Premia VB

Italy

## Coordinates

POINT (8.34253 46.26936)

Altitude

768 m

Arrival address

Formazza Frazione Ponte

28863 Formazza

Italy

Arrival coordinates

POINT (8.4247 46.37807)

Arrival altitude

1284 m

Access

SS33 del Sempione, Exit Crodo Valle Antigorio - Valle Formazza, and continuing on SS 659 you reach Crodo

## Descrizione

From Premia follow the state highway for 150 metres downhill (pay attention to the traffic!) and on approaching a chapel (Cappella dal Self) take the steep mule track with steps which drops down and crosses the River Toce, then climb again more steeply to the town of Cagiogno. Cycling is not possible on this stretch. Alternatively, to avoid carrying your bike on your shoulders you can continue on the state highway to Piedilago and take the tarmac road for Cagiogno. From Cagiogno follow the tarmac road almost to the bridge over the River Toce, turn left and following the tourist arrows and G00 signs you take a sheep track which skirts the artificial lake of Piedilago. From the end of the lake you return to the tarmac road which continues on the flat passing under the village of Cristo and continuing along the river. Further on the path becomes unmade again and offers beautiful views amid well kept meadows. You then come to the bridge right in front of Terme di Premia (Spa Centre of Premia). Instead of going toward the bridge follow the signs for Via del Gries and continue through the meadows alongside River Toce on a long flat stretch to until you come to Case Cini. After crossing the village continue on the sheep track which runs alongside the river until it meets a quarry road. Cross the River Toce at the ford (if there is water use the bridge at Case Cini) and you come to the state highway which takes you to Chioso. Just after the village, in front of the beginning of the path for Alpe Vova, turn right and take a quarry road which crosses the River Toce again and then continues to a quarry (take care as this is a private road with moving vehicles!). The path continues until it rejoins the state highway at the road bridge. If you want to avoid this section on private roads, continue from Chioso along the state highway, passing Foppiano and arriving at the road bridge where the quarry road ends. From here continue following the state highway but instead of entering the tunnel you turn right and follow the old hairpin bends of the Casse which are no longer travelled by cars. You then come to Fondovalle. Here you cross the bridge over the River Toce and take the farm road, a long flat road which climbs up the valley on the left side (always follow the signs for Via del Gries) leading to Valdo and Ponte (Formazza)

Public transport access

Yes

All the villages of the Antigorio Formazza Valley are served by the Domodossola-Cascata del Toce bus line.

Autoservizi Comazzi

Tel. 0324 240333

[www.comazzibus.com](http://www.comazzibus.com)

## Recommended period

Summer

Fall

June-October

## Accessible to people with disabilities

No

## Support points

Terme di Premia [www.premiaterme.com](http://www.premiaterme.com)

## Interest points

Traditional stone architecture, Spa Centre of Premia, Walser culture in Formazza, Casa Forte di Ponte

Devotional relevance

No

Historical relevance

No

Dettagli

Local Tourist Agency (LTA) reference

[ATL Distretto Turistico dei Laghi](#)

Code

TOC

Classification

Provincial

Province

Verbania

Cell phone coverage

Ok

Ultima data di aggiornamento  
31/01/2025

Itinerary index  
No

Province names  
Verbania