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The Anello delle Valli Valdesi (AVV) Trail Stage 3: Colle Vaccera - Alpe Caougis

Utilization

Hiking

Official itinerary

No

Length

15.30 km

Tempo

7 hours

Stage

3

Max altitude

2234 m

Ascent elevation gain

1420 m

Descent elevation loss

652 m

Difficulty

Hiking

Informazioni

Region

Piemonte

Country

Italy

Address

Colle Vaccera

10060 Angrogna TO

Italy

Coordinates

POINT (7.20314 44.87574)

Altitude

1465 m

Arrival address

Alpe Caougis
10060 Villar Pellice TO
Italy

Arrival coordinates
POINT (7.13665 44.83685)
Arrival altitude
2014 m
Access

E' possibile raggiungere il Colle Vaccera con mezzi propri.

Descrizione

A charming, distinctive and rewarding stage, which takes in the panoramic path known as the *Balcone della Val d'Angrogna*. From Colle della Vaccera, descend for about 200 m on the paved road to take a dirt road on the right, waymarked trail 150A, with signs for "Anello Balcone della Val d'Angrogna", which leads to the locality of Bagnau (1456m) and continues towards Criuliro (1600m). Just beyond the farmhouses, leave the dirt road to take an easy mule track, Trail 137, which leads to the abandoned farm dwellings at Alpe Souiran (1699m). Continue westwards flat crossing poor pastures, and skirt round several small valleys that cleave the steep southeast slope of Monte Gran Truc. After a long and beautiful high traverse, climb a steep slope dotted with alder bushes with narrow zigzags, finally reaching Alpe Infernet (1990m). From here, a short side trip up a little strenuous path leads to the Colle dell'Infernet (2270m) and then on to the summit of Monte Gran Truc (2366m). The itinerary continues from Alpe Infernet with a high traverse across the hillside on the slopes of Monte Freidur to reach the locality of Giournalet (2230 m), the highest and most panoramic point of the entire Sentiero Balcone trail. The trail continues, with a few gentle ups and downs, and crosses some gullies, passing close to the alpine cabins of Alpe Sparvira (2034m). Near here, there is a spring. After a short descent, you come to Alpe della Sella Vecchia (2004m) and a junction with path 139 which ascends from Pradeltorno. From here, it is possible to climb to the Sella Vecchia lake and to the Passo del Roux (2832m). The itinerary however follows the signs for 139, which descends towards Alpe Sella (1975m) but before arriving at the mountain pasture; continue to the right where path 139A leads off towards Colle Chiot del Cavallo (2234m). From here descend towards the "Vallone degli Invincibili" along path 129 up to Alpe Caougis, where there is a municipal shelter.

Public transport access
No

Recommended period

Summer
Periodo estivo

Accessible to people with disabilities

No

Support points

Rifugio Jumarre,Rifugio vaccera, Agriturismo Monte Servin, Bivacco Caugis

Interest points

Ca d'la Pais, Colle Vaccera, loc. Bagnoou, Monte Gran Truc, Colle dell'Infernet,località Giornalet

Devotional relevance

No

Historical relevance

Yes

Dettagli

Code

AVV

Classification

Provincial - Mid and Low Altitude

Province

Torino

Orientation

Southeast

Cell phone coverage

Vodafone : 80% di copertura

tim : 80% di copertura

Ultima data di aggiornamento
22/10/2024

Altre info
Accommodation facilities
[Monte servin](#)
[Degli invincibili](#)
[Al sap](#)

Itinerary index
No

Province names
Torino