

Home

The Sentiero Balcone della Valsusa Trail: Stage 10 Testa dell'Assietta - Meana di Susa

Utilization

Hiking

Official itinerary

Yes

Length

30.02 km

Tempo

9 hours

Stage

10

Max altitude

2770 m

Ascent elevation gain

300 m

Descent elevation loss

2110 m

Difficulty

Difficult Hiking

Informazioni

Region

Piemonte

Country

Italy

Address

Testa dell'Assietta

10050 Exilles TO

Italy

## Coordinates

POINT (6.93921 45.0609)

Altitude

2510 m

Arrival address

Meana di Susa  
10050 Meana di Susa TO  
Italy

Arrival coordinates  
POINT (7.0653 45.1201)  
Arrival altitude  
700 m  
Access

In auto: l'Assietta si raggiunge da Meana passando per il Colle delle Finestre, su tracciato sterrato in mediocri condizioni

## Descrizione

The itinerary largely follows the Assietta military road, covering long stretches of the watershed between Valle Susa and Val Chisone, with modest gradients. From the Testa dell'Assietta descend to the pass of the same name before heading up Punta Gran Serin and then back down to the Gran Serin Barracks. After passing the junction with the road that descends to Alpe Arguel, follow the Colle delle Vallette on an easy path, up to the military road just below the summit of Monte Ciantiplagna (closed to traffic). Continue along this across Colle della Vecchia until you reach the road from Colle delle Finestre. Descend this into Val Chisone, then head up the short stretch of paved road to reach Colle delle Finestre (altitude 2176 m asl). From here a beautiful mule track leads to the village of Meana di Susa where, at the ancient Forno di Assiere baker's, there is an information point. From Meana it is possible to descend to Susa or return to Oulx along the Sentiero dei Franchi trail in the direction of Frais - Salbertrand.

Public transport access  
Yes

In treno: Servizio Ferroviario Metropolitano Linea 3 fermata Meana

## Recommended period

Summer  
Giugno - settembre

## Accessible to people with disabilities

No

## Interest points

Testa dell'Assietta: 19 luglio commemorazione storica battaglia

Devotional relevance

No

Historical relevance

Yes

Dettagli

Code

SBV

Classification

Provincial - Mid and Low Altitude

Province

Torino

Cell phone coverage

Buona

Ultima data di aggiornamento

21/12/2023

Altre info

Accommodation facilities

[Casa assietta](#)

Itinerary index

No

Province names

Torino