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Bar To Bar on a mountain bike Tappa 2A: Cascina Basso - San Rocco Seno d'Elvio

Utilization

Cycle touring

Official itinerary

No

Length

3.00 km

Tempo

6 minutes

Stage

2

Max altitude

345 m

Ascent elevation gain

20 m

Descent elevation loss

163 m

Difficulty

Challenging

Informazioni

Region

Piemonte

Country

Italy

Address

Cascina Alberta

Via Alba, 5

12050 Treiso CN

Italy

Coordinates

POINT (8.080511 44.682203)

Altitude

345 m

Arrival address

San Rocco Seno d'Elvio
Frazione San Rocco Seno d'Elvio
12051 Alba CN
Italy

Arrival coordinates
POINT (8.066786 44.6817)
Arrival altitude
200 m
Access

By car, motorways:
A6 – Torino Savona, Marene or Carmagnola exit
A21 – Torino Piacenza, Asti Est exit
A33 – Asti Cuneo, Alba exit

By plane:
Milano Malpensa and Linate – www.sea-aeroportoimilano.it
Torino Caselle – www.aeroportoditorino.it
Cuneo Levaldigi – www.aeroporto.cuneo.it

By train:
Ferrovie dello Stato: www.trenitalia.com

Descrizione

This variant of the leg 2 of the Bar To Bar itinerary will lead you to the heart of the Langa of Barbaresco-wine, through a route full of history.

From Cascina Alberta, there's a nice variation that can be done by following the road that heads downhill, then turning left. This will take you into the cool valley of the Seno d'Elvio river (the name of which is a reference to the Roman emperor Publius Helvius Pertinax Augustus, who reigned for just 90 days, but left an indelible mark).

San Rocco Seno d'Elvio is the only area of Alba that is authorized to produce Barbaresco wines, but this is also the location of one of the Langhe's historic wine cellars, Bricco del Drago, where the "Grand Master" De Giacomi launched a series of early, but admirable initiatives on which no small part of the fortunes of these hills are based. One example is the miraculous "Nonna Genia's Classic Langhe Cookbook", the bible of local cuisine that has been translated, from the Italian, into many other languages. Bricco del Drago also includes a private wine museum, which features the oldest wine bottle with a "Barbaresco" label (1870).

Public transport access
Yes

[Http://Www.grandabus.it/Orari/](http://Www.grandabus.it/Orari/)

Recommended period

Spring

Summer
Fall
March - November

Accessible to people with disabilities

No

Devotional relevance
No

Historical relevance
No

Dettagli

Local Tourist Agency (LTA) reference
[ATL del Cuneese - valli alpine e città d'arte](#)

Code
BTM

Classification
Provincial

Province
Cuneo

[BarToBar_Tappa_2_0.pdf](#)

Ultima data di aggiornamento
15/12/2023

Tappe
Variant
A

Itinerary index
No

Province names
Cuneo